



TAGLIT • תגליט  
BIRTHRIGHT ISRAEL

PLUS

## Birthright Israel Plus: *Foods of Israel*

Organizer Name: IGT

### Sunday- Day 1 *Haifa*

Time	Activity
9:00 am	Meeting at Tel Aviv
10:30 am	Visit a unique, agriculture farm where vegetables are grown organically. Go into the fields to pick and taste the produce while learning about history of the farm.
13:00	Let your senses work over-time during a guided tour through the colorful <b>Talpiot Market</b> in Haifa. Experience the diversity through tasting the various spices, fruits, fish and more.
4:30pm	Check into the hotel and free time in the hotel.
7:00 pm	<b><i>Israel as a Melting Pot: Food and Israeli Society</i></b> with <b>Hagit Evron</b> .  How Israel transformed from a culinary desert into a foodie culture
9:00 PM	Free Time in Haifa

### Monday- Day 2 *Jerusalem*

Time	Activity
9:00 am	Breakfast and checkout of the hotel.
10:00 am	Visit the Olive Oil Farm at Reish Lakish to learn how Israeli olives are grown and turned into olive oil, including tasting.
12:30 pm	Cooking workshop with <b>Nof Otmana</b> , an Israeli Arab chef and learn the secrets of Middle Eastern cuisine.
4:30 pm	Drive to Jerusalem and check into the hotel, followed by free time.
7:00 pm	Meet with <b>Rabbi Aaron Leibovich</b> , founder of the private Hachgcha Pratit, Private Kosher Supervision, and hear about some of the intricacies of the Kosher tradition, throughout Jewish history and in modern day Israel.
9:00 PM	Dinner on own in Jerusalem, followed by a night out.



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### **Tuesday- Day 3** *Jerusalem*

<b>Time</b>	<b>Activity</b>
9:00 am	Drive South to Yeruham.
11:00 am	Cooking workshop with <b>Mevashlot Yerucham</b> , the local women of Yeruham, who create authentic, ethnic culinary treats.
2:00 pm	Drive to Karmey Ovdar Farm.
2:30	Visit the <b>Karmey Ovdar farm</b> , one of Israel's Lone Farms for That grows wine in the desert.
3:30 pm	Drive to Jerusalem and return to the hotel, followed by free time in the hotel.
8:00 pm	Dinner on own in Jerusalem, followed by a night out.

### **Wednesday- Day 4** *Jerusalem*

<b>Time</b>	<b>Activity</b>
9:00 am	Guided walk through <b>Machane Yehuda</b> , Jerusalem's largest market with small groups of local Israeli students and return to their homes to make a traditional Israeli brunch.
2:00 pm	Study the secrets of baking at a <b>Pastry Workshop</b> in Jerusalem.
4:00 pm	Closing Session



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