



## Birthright Israel Plus: Wilderness Experience

"Aharai!" (Follow Me)

## Sunday- Day 1 Sde Boker (The Negev Desert)

Time	Activity	
9:00 am	Pick-up from Arlozorov in Tel Aviv and B'nenei Ha'uma in Jerusalem	
2:00 pm	Lunch	
3:00 pm	Sde Boker- Reception, getting acquainted, administration and guidelines	
4:00 pm	"Ice-breakers" to get acquainted, teamwork exercises and leadership building	
6:00 pm	Dinner and Free time	
7:00 pm	Night activity: becoming familiar with the desert night	
Sunday- Day 2 Sde Boker, Sde Tzin (The Negev Desert)		
Time	Activity	
8:00 am	Getting up and Breakfast	
9:00 am	walking trek with missions	
9:00 am 2:00 pm	walking trek with missions Lunch	

## Sunday- Day 3 Mitzpe Ramon, Arad, Bedouin village, Abu Rveea

Time	Activity
7:00 am	Getting up and Breakfast, Travel to Mitzpe Ramon
10:00 am	Archery competitions in the desert







1:00 pm	Authentic festive Bedouin lunch in Abu Rveea village	
2:00 pm	Bedouin life in the desert, the Bedouin as trackers- Meet with Bedouin youth	
5:00 pm enlistment	Meet with the Arad "Aharai!" group who are preparing for their army	
6:00 pm	Competitions and urban exploration	
8:00 pm	Night activity in preparation for travelling the next day	
Wednesday- Day 4 Goral hills (The Negev Desert)		
Time	Activity	
5:00 am	Early morning sunrise activity	
8:00 am	Breakfast	
9:00 am	Navigation and topography lessons	
12:00 am	Lunch	
1:00 pm	Desert navigation voyages	
3:00 pm	Final Stretching exercise	
6:00 pm	Conclusion	
7:00 pm	Dinner + drop off in Tel Aviv and Jerusalem	

Please note: the itinerary is subject to change depending upon weather conditions

