



TAGLIT • תגליט  
BIRTHRIGHT ISRAEL

PLUS

## Birthright Israel Plus: *Eilat of Soul*

OU – Israel Free Spirit

### Sunday- Day 1 *Tel Aviv*

Time	Activity
08:30 am	Meet at Arlozorov Train station
	Orientation
	Drive south
	Opening session- Mitzpe Ramon
	Packed Lunch
	Check in to hotel
	Opening Yoga at hotel
	Dinner at hotel
	Rega Shel Ivrit
10:00 pm	Free time in Eilat

### Monday- Day 2 *Eilat*

Time	Activity
6:30 am	Hike to Mt Tzfachot, meditation
	Free Time
	Lunch on you own
	Snorkeling at Eilat's Coral Beach
	Dinner at hotel
	Group Session: Singing with your Soul
	Rega Shel Ivrit
8:00 pm	Free time in Eilat





**Tuesday- Day 3 Eilat**

<b>Time</b>	<b>Activity</b>
8:00 am	Jeep Ride
	Clay session
	Lunch on you own
	Free time
	Dinner
	Group Session: Get Up Stand Up Dancing with your Soul
	Timna- Oil Lump
10:00 pm	Free Time in Eilat

**Wednesday- Day 4 Eilat**

<b>Time</b>	<b>Activity</b>
9:00am	Yoga on the beach/Hotel
	Water sports
	Lunch on you own
	Group Session: Who is Happy?
	Visit Lotan and session
	Dinner
	Rega Shel Ivrit
8:30 pm	Free Time in Eilat

**Thursday- Day 5 Eilat**

<b>Time</b>	<b>Activity</b>
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8:00  
am

Lookout

Closing session

Drive north + Lunch stop

18:00      Approximate arrival at Tel Aviv train station

Please note: the itinerary is subject to change depending upon weather conditions

